

CURRICULUM VITAE

LORI EICKLEBERRY, Ph.D., ABPP

Florida Licensed Psychologist, # PY 7732

Board Certified in Behavioral and Cognitive Psychology by the American Board of Professional Psychology

Board of Directors, American Board of Behavioral and Cognitive Psychology

Motivational Interviewing Network of Trainers (MINT)

Certified in Dialectical Behavior Therapy (DBT)

Approved Continuing Education Provider by the Florida Board of Psychology and Florida Board Of Clinical Social Work, Marriage And Family Therapy And Mental Health Counseling:: CE Provider # 50-19004

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FORMAL EDUCATION

2006 **Ph.D.**, Clinical Psychology, Nova Southeastern University,
APA Accredited Program

2002 **M.S.**, Clinical Psychology, Nova Southeastern University,
APA Accredited Program

1999 **B.S.**, Psychology, Nova Southeastern University

Doctoral Dissertation: *Autobiographical Narratives of Sustained and Unsustained Weight Loss Attempts by Obese Individuals*

PROFESSIONAL AFFILIATIONS

Board of Directors, for the American Board of Behavioral and Cognitive Psychology,
American Board of Professional Psychology (ABPP)

American Board of Professional Psychology, Full Member

American Psychological Association, Full Member

American Psychological Association (Division 50: Society of Addiction Psychology;
Division 42: Psychologists in Independent Practice; Division 28: Psychopharmacology
and Substance Abuse)

Motivational Interviewing Network of Trainers

Association for Behavioral and Cognitive Therapies

Association for Contextual and Behavioral Science
International Association of Eating Disorders Professionals

CLINICAL TRAINING EXPERIENCE

- 2019-2020 **Dialectical Behavior Therapy (DBT) Intensive Training**
Presented by Behavioral Tech, Linehan Institute Training
Company
52-Week intensive training and supervision in DBT.
- 2019 **Dialectical Behavior Therapy (DBT) Foundational Training**
Presented by Behavioral Tech, Linehan Institute Training
Company
16-Week intensive training in the foundational theory and skills of
DBT.
- 2017 **Dialectical Behavior Therapy (DBT) Skills Training for
Children and Adolescents**
One day training presented by Jean Eich, Ph.D., LP

Dialectical Behavior Therapy (DBT-C) is for treating challenging
child and adolescent emotional and behavior disorders. This
seminar focused on implementation of the DBT skills needed to be
more effective in treatment, avoid burnout, and achieve positive
outcomes in working with children and adolescents.
- 2017 **4-Day Intensive Dialectical Behavior Therapy (DBT) Training**
Presented by Lane Pederson, Psy.D., LP, DBTC.

Intensive DBT training to stay abreast of current techniques and
literature. Original DBT intensive training attended in 2004.
- 2010 **Motivational Interviewing Network of Trainers (MINT), San
Diego, California**
Three-day intensive training for advanced clinicians in
Motivational Interviewing. Training workshop consisted of a select
120 individuals from around the globe, which after completion
allows participants into the MINT.
- 2005-2007 **Psychology Resident, Fountains Medical Plaza, Plantation,
Florida**

Conducted individual therapy for anxiety and mood disorders,
substance use disorders, eating disorders, and personality disorders
and conducted psychological testing for children, adolescents and
adults in an outpatient private practice group under the supervision
of Dawn M. Reilly, Psy.D.

- 2004-2005 **Psychology Intern**, Medical University of South Carolina, Charleston, South Carolina
- Behavioral Medicine Specialty. Provided individual assessment and treatment of patients on 4 rotations: Counseling and Psychological Services, Weight Management Center, Center for Drug and Alcohol Treatment, and Veteran Affairs Neuropsychology Department. Intakes, comprehensive assessment, and therapy using multiple CBT modalities, including training and use of Dialectical Behavior Therapy (18 hour intensive DBT training with subsequent year of implementation and supervision). Responsibilities also included conducting public outreach, conducting training workshops, and attending clinical/research seminars.
- 2003-2004 **Group Counseling Trainee**, Guided Self-Change Clinic, Nova Southeastern University Community Mental Health Center, Fort Lauderdale, Florida
- Lead facilitator for support groups at Broward Outreach Center for the treatment of homeless individuals with alcohol and/or drug problems. Weight management groups at Nova Southeastern University targeted toward healthy eating behaviors. Groups addressed problem-solving skills relating to substance abuse and interpersonal and emotional difficulties under the supervision of Linda C. Sobell, Ph.D., ABPP.
- 2002-2003 **Psychology Trainee**, Florida Atlantic University, Clinical Practicum, Student Counseling Center, Davie Campus, Florida
- Provided individual and couples therapeutic counseling to a diverse population of students with psychological difficulties and disorders. Required assessment, psychological testing, and treatment of a wide range of anxiety disorders, mood disorders, substance use disorders, eating disorders, and personality and adjustment disorders under the supervision of Valerie Lannon, Psy.D. and Dawn Reilly, Psy.D.
- 2001-2002 **Psychology Trainee**, Guided Self-Change Clinic, Clinical Practicum, Nova Southeastern University Community Mental Health Center, Fort Lauderdale, Florida
- Provided individual assessment and treatment for clients with alcohol, tobacco, eating, gambling, and/or drug problems through Motivational Interviewing under the supervision of Mark Sobell, Ph.D., ABPP. Co-led group therapy for self-referred and court-

ordered individuals with substance abuse and interpersonal and emotional difficulties under the supervision of Linda C. Sobell, Ph.D., ABPP.

2001-2002 **Psychology Trainee**, 7th Avenue Broward Family Medical Center, Fort Lauderdale, Florida

Provided therapeutic counseling to medical patients with alcohol and/or drug problems. Addressed difficulties with medication compliance. Supervised by Linda C. Sobell, Ph.D., ABPP and David Max, Ph.D.

2001 **Psychology Trainee**, One Stop Program, Coconut Creek, Florida

Provided assessment of inmates with alcohol and/or drug problems incarcerated for domestic abuse offenses for treatment in group therapy under the supervision of Linda Sobell, Ph.D., ABPP.

1999 **Director**, of Smart Moves Program, Fort Lauderdale, Florida

Developed and taught prevention and intervention program to high-risk children. Provided therapeutic counseling to abused and neglected children under the supervision of John Malouff, Ph.D., J.D.

1999 **Counseling Trainee**, Challenges, Inpatient Drug Rehabilitation Center, Fort Lauderdale, Florida

Assisted group counselors with group sessions and attended educational seminars. Supervised by Bobbie Hayes, M.S., C.A.P.

1998-2000 **Crisis Counselor**, First Call for Help of Broward, Fort Lauderdale, Florida

Completed 50 hours training for certification in Crisis Intervention. Provided therapeutic counseling over the telephone as well as suicide assessment, crisis intervention, and crisis management. Assessed callers and provided appropriate referrals. Supervised by Betty Kukin, M.S.

JOB RELATED EXPERIENCE

2016-Current **Co-Founder**, Institute for Life Renovation, LLC, Fort Lauderdale, Florida

The Institute for Life Renovation, LLC (ILR) is an Intensive Outpatient Program that provides personalized intervention for

comprehensive life change. Treatment planning is based on in-depth clinical interview and prescribed psychological testing along with a team consultation to provide a multidisciplinary intervention. Services include individual, group, and family psychotherapy, medication management, career assessment/counseling, financial wellness, dietitian services, group therapy, art therapy, and yoga. ILR is a fully adherent DBT program complete with 24-hour coaching and consistent DBT team consultation.

2008-Current

Founder/Director, Motivational Institute for Behavioral Health, LLC., Fort Lauderdale, Florida

The Motivational Institute for Behavioral Health, LLC provides behavioral medicine, psychological, and psychoeducational services such as individual and group psychotherapy, psychological testing, and professional training workshops. Duties include working directly with patients as a Licensed Psychologist, managing a staff of eight employees, conducting training seminars and workshops, as well as business management, advertising, submitting insurance claims, and handling of accounts payable/receivable.

2007-Current

Core Adjunct Faculty Professor, College of Psychology, Fort Lauderdale, Florida

APA accredited graduate doctoral clinical psychology program. Train and provide intensive supervision to nine doctoral graduate students in several community clinical practica (general adult services, substance abuse, and eating disorders). Train students in CBT, Interpersonal, Time-Limited Psychodynamic Therapy, Dialectical Behavior Therapy, and Motivational Interviewing, ethical issues, and documentation. Develop and instruct Doctoral and Master's level courses: PSY 4670 Short-Term Therapies; PSY 4623 Cognitive Behavioral Case Conceptualization; PSY 4499 Advanced Professional Development; PSY 612 Substance Abuse; PSY 2606 Case Conceptualization; PSY1403 Adult Psychopathology; 1502 Diagnostic Interviewing; SA 750 Substance Abuse Prevention Program and Education; SA 770, SA 780, SA790: SA 0790 Field Experience Practicum I, II, & III; SA 740 Psychopharmacology of Illicit and Licit Drugs; PYCL 669 Advanced Treatment Interventions.

2013-2016

President, Motivational Institute Mental Health Bridge Clinic, Inc., Fort Lauderdale, Florida

The Motivational Institute Mental Health Bridge Clinic, Inc. is a non-profit teaching facility that provides outpatient psychological services on a sliding scale fee basis, as well as community outreach. This clinic provides services through a contract with Nova Southeastern University's College of Psychology by serving as a doctoral practicum site. Duties include supervision and training of 4 doctoral practicum students per year, program development, networking with other nonprofit agencies, business management, advertising, and fundraising.

2009-2014

Associate Lecturer II, Nova Southeastern University, Davie, Florida

Faculty appointment. Develop course content, lecture, and teach online (via WebCT and Blackboard) and on-site advanced undergraduate psychology courses: PSYC 3570 The Psychology and Physiology of Substance Abuse; PSYC 3620 Drug Prevention and Education; PSYC 3630 Ethical & Professional Development for Counselors; PSYC 4800 Advanced Research Practicum; PSYC 3510 Human Learning & Cognition; PSYC 3580 Rehabilitation Strategies for Substance Abuse; PSYC 2000 Introduction to Counseling; PSYC 2380 Child & Adolescent Development; PSYC 1020 Introduction to Psychology; PSYC 3300 Current Psychotherapies; PSYC 3800 Behavior Modification; and PSYC 3210 Personality

2008-2009

Visiting Professor, Nova Southeastern University, Fort Lauderdale, Florida

Full-time faculty appointment. Serve on college committees, mentor students through course difficulties, develop course content, and lecture undergraduate psychology courses: PSYC 1020 Introduction to Psychology; PSYC 2330 Interpersonal Communication; PSYC 3210 Personality; and PSYC 3510 Human Learning & Cognition. Lead instructor for PSYC 3570 Physiology; PSYC 3580 Rehab Strategies of Substance; PSYC 3620 Drug Prevention/Education; PSYC 3800 Current Psychotherapies; PSYC 4150 Group Counseling.

2006-2008

Executive Director, Score At The Top Learning Center, Boca Raton, Florida

Hire, train, and manage staff, advertise and market, handle accounts payable/receivable, and manage a SACS and CITA accredited learning center that offers psychological testing, tutoring, schooling, test preparation, educational consulting, and career assessment/counseling. Prepare for SACS re-accreditation.

Conduct psychological evaluations for Learning Disabilities, AD/HD.

2006-2008

Associate Lecturer I, Nova Southeastern University, Davie, Florida

Faculty appointment. Develop course content, lecture, and teach online (via WebCT) and on-site advanced undergraduate psychology courses: PSYC 3570 The Psychology and Physiology of Substance Abuse; PSYC 3620 Drug Prevention and Education; PSYC 3630 Ethical & Professional Development for Counselors; PSYC 4800 Advanced Research Practicum; PSYC 3510 Human Learning & Cognition; PSYC 3580 Rehabilitation Strategies for Substance Abuse; PSYC 2000 Introduction to Counseling; PSYC 2380 Child & Adolescent Development; PSYC 1020 Introduction to Psychology; PSYC 3300 Current Psychotherapies; PSYC 3800 Behavior Modification; and PSYC 3210 Personality

2005-2006

Guided Adolescent Problem-Solving (GAPS) Therapist, Florida International University, Miami, Florida

GAPS is a 5 year, \$1.75 million project funded by NIAAA to develop more effective interventions for adolescents with alcohol and aggressive behavior problems. As a therapist, I provided school-based individual interventions primarily to adolescents of Hispanic/Latino, African-American, and Haitian descent attending Miami-Dade County high schools under the supervision of Eric Wagner, Ph.D. and Staci Leon Morris, Ph.D.

2004-2006

Adjunct Faculty Professor, Nova Southeastern University, Davie, Florida.

Developed course content, lectured, and taught online (via WebCT) and on-site advanced undergraduate psychology courses: PSYC 3570 The Psychology and Physiology of Substance Abuse; PSYC 3620 Drug Prevention and Education; PSYC 3630 Ethical & Professional Development for Counselors; and PSYC 3210 Personality

2004 (Fall)

Guest Lecturer, College of Charleston, Charleston, South Carolina.

Lectured a substance abuse class for an Abnormal Psychology Course in Substance Abuse for Sherry Rieder, Ph.D.

2003-2004

Psychological Test Administrator, The Center for Counseling and Development, Plantation, Florida.

Administer, score, and interpret psychological tests and write psychological evaluations for tests including the Wechsler Adult Intelligence Scale-third Edition (WAIS-III), Wechsler Memory Scale (WMS-III), Wechsler Adult Achievement Test (WIAT-II), Wide Range Achievement Test (WRAT-3), Minnesota Multiphasic Personality Inventory (MMPI-II), Woodcock Johnson Test of Achievement (WJ-R), and the Nelson-Denny Reading Comprehension Test, under the supervision of Dawn M. Reilly, Psy.D.

2002-2004

Program Coordinator, Guided Self-Change Clinic, Nova Southeastern University Community Mental Health Center, Fort Lauderdale, Florida

Coordinated the daily functioning of the Guided Self-Change Clinic, which specializes in addictions, as well as a Healthy Lifestyles Program that treats eating disorders. Screened and scheduled clients. Created program materials. Provided supervision of and training for practicum students. Conducted community outreach presentations and represented the clinic at community health fairs. Created advertisement materials (e.g. brochures, and flyers) and arranged clinic advertising through various media companies. Created research database and supervised data entry.

2003 (Fall)

Teaching Assistant, Nova Southeastern University, Fort Lauderdale, Florida

Engaged in student advisement, guest lectures, and test grading for the Professional Issues & Ethics in Psychology class under Linda C. Sobell, Ph.D. A.B.P.P.

2001-2002

Program Manager, Guided Self-Change Clinic, Nova Southeastern University Community Mental Health Center, Fort Lauderdale, Florida

Assisted in managing daily functioning of the Guided Self-Change Clinic. Screened and scheduled clients. Reviewed client charts. Entered client demographic data, assessment of treatment, and alcohol/drug data into research database. Ordered and prepared program supplies.

2001-2002

Treasurer, Student Government Association, Nova Southeastern University, College of Psychology, Fort Lauderdale, Florida

Balanced and budgeted student funding for the school year.
Planned fund-raisers and social events.

RESEARCH EXPERIENCE

- 2017-2020 Principal Investigator, Institute for Life Renovation, Fort Lauderdale, Florida
- Head clinical research studies to determine correlates between patient characteristics and favorable treatment outcomes.
- 2008-2010 **Principal Investigator**, Nova Southeastern University, Fort Lauderdale, Florida
- IRB approved research project involves collaboration with Douglas Flemons, Ph.D. conducting research on attitudes toward, barriers to, and knowledge of Nova Southeastern University's Student Counseling Center. Project is geared toward gaining a better understanding of student perception for the purpose of increasing student access and engagement in services useful for student retention.
- 2004-2005 **Intern Research Assistant**, Medical University of South Carolina, Charleston, South Carolina
- Conducted research on utilization of Medical University of South Carolina's Counseling and Psychological Services center. Conducted research on the predictability and correlations of success between the medical school interview and student success. Preparation of posters and manuscripts for presentation and publication. All research activities were in collaboration with Darlene Shaw, Ph.D. and Jeffrey Borckardt, Ph.D.
- 2000-2004 **Graduate Research Assistant**, Nova Southeastern University, Fort Lauderdale, Florida
- Conducted studies on substance abuse in collaboration with Mark B. Sobell, Ph.D., ABPP and Linda C. Sobell, Ph.D., ABPP. Perform literature searches and reviews. Conducted interviews and collected and analyzed data. Assisted in review and preparation of manuscripts for journal publication.
- 2002-2003 **Graduate Research Assistant**, Nova Southeastern University, Fort Lauderdale, Florida

Conduct a study on gay/lesbian issues for the purpose of community awareness in collaboration with Timothy Moragne, Ph.D. Developed to raise consciousness of a Nova Southeastern University scholarship fund for gay/lesbian research. Perform literature searches and reviews. Assist in review and preparation of materials to be used for advertisement.

2000-2003 **Graduate Research Assistant**, Nova Southeastern University, Fort Lauderdale, Florida

Conduct studies on trauma in collaboration with Steve Gold, Ph.D. Perform literature searches and reviews. Develop research instruments, recruit subjects, and collect and analyze data.

1999-2000 **Research Assistant**, Nova Southeastern University, Fort Lauderdale, Florida

Conducted studies on substance abuse in collaboration with Mark B. Sobell, Ph.D., ABPP and Linda C. Sobell, Ph.D., ABPP. Performed literature searches. Reviewed literature and collected data.

1999-2000 **Research Assistant**, Nova Youth Center, Fort Lauderdale, Florida

Conducted studies on dually-diagnosed adolescents in collaboration with Nathan Azrin, Ph.D., ABPP. Performed literature searches and reviews. Conducted assessments and diagnosed participants. Reviewed tapes and coded data.

1999-2000 **Research Assistant**, Nova Southeastern University, Fort Lauderdale, Florida

Conducted studies on transition to college and transition to motherhood in collaboration with Nathalie Franco, Ph.D. and Nicola Schutte, Ph.D. Performed literature searches and reviews, developed measurement instruments, recruited subjects, collected and analyzed data.

ARTICLES

Eickleberry, L. L., Borckardt, J. J., Shaw, D. L., Lancaster, C. (under review). Effects of personal characteristics on interviewers' ratings of non-cognitive traits and their predictability of academic success.

Toll, B. A., Ellingstad, T., Myers, M. G., Wagner, E. F., Levin, C. C., Sobell, M. B., Sobell, L. C., & **Eickleberry-Goldsmith, L.** (under review). Teen smoking prevention: A review of the empirical literature.

Gutwein, C. L., Sobell, L. C., Sobell, M. B., & **Eickleberry-Goldsmith, L.** (in preparation). Decisional balance exercises: Relationship to treatment outcomes and alcohol abusers.

Ellingstad, T.P., Sobell, L.C., Sobell, M. B., **Eickleberry, L.**, & Golden, C. J. (2006). Natural recovery from cannabis abuse: Factors associated with self-change. *Addictive Behaviors*, 31, 519-530.

Toll, B. A., Sobell, L. C., D'Arienzo, J., Sobell, M. B., **Eickleberry-Goldsmith, L.**, & Toll, H. J. (2005). What do internet-based alcohol treatment websites offer? *CyberPsychology & Behavior*.

POSTERS AND PRESENTATIONS

Cordova, M., Unger, R., **Eickleberry L.**, & Purdy, C. An integrated treatment planning model for the simultaneous treatment of complex patients with multiple comorbidities. Ignite session presented at the 2020 Association for Contextual Behavioral Science Conference, Virtual.

Eickleberry L. (2020). Motivational Interviewing as an outward expression of Acceptance and Commitment Therapy. Ignite session presented at the 2020 Association for Contextual Behavioral Science Conference, Virtual.

Eickleberry L. & Purdy, C. (2020). Take ACTION to get more ACTION with patients. Ignite session presented at the 2020 Association for Contextual Behavioral Science Conference, Virtual.

Eickleberry L. (2020). Attitudes and behaviors toward climate change explained through RFT and the ACT model. Ignite session presented at the 2020 Association for Contextual Behavioral Science Conference, Virtual.

Eickleberry L. & Abu-Suwa, H. (2020). A preliminary analysis of simultaneous-delivered treatment. Presented at the 2020 American Psychological Conference, Virtual.

Eickleberry L. & Abu-Suwa, H. (2020). Expanding intensive programs to meet the needs of patients: Doing what works. Presented at the 2020 Association for Contextual Behavioral Science Conference, Virtual.

Eickleberry L. Motivational Interviewing skills for peer professionals. (6 CEUs). Training Workshop for Fresh Start Miami, Miami, Florida to be presented April 17, 2020.

- Eickleberry L. & Purdy, C.** Acceptance and Commitment Therapy (6 CEUs). Training Workshop for community Florida Licensed Mental Health Professionals, Fort Lauderdale, Florida presented February 7, 2020.
- Eickleberry L.** Motivational Interviewing skills for dental professionals. Training Workshop for Nicklaus Children's Health, Miami, Florida presented January 31, 2020.
- Eickleberry L.** Using Motivational Interviewing skills with at-risk youth (6 CEUs). Training Workshop for Gang Alternative, Miami, Florida presented December 13, 2019.
- Eickleberry L. & Abu-Suwa, H.** Examining the Relationship Between Psychological Flexibility, Anxiety, Depression, and Mindfulness in Complex Patients. Poster session presented at the Association for Behavioral and Cognitive Therapies 2019 Conference, Atlanta, Georgia, November 22, 2019.
- Abu-Suwa, H. & **Eickleberry L.** Examining the Relationship Between Self-Reported Anxiety and Depressive Symptomatology and Specific Mindfulness Skills. Poster session presented at the Association for Behavioral and Cognitive Therapies 2019 Conference, Atlanta, Georgia, November 22, 2019.
- Eickleberry L. & Purdy, C.** Acceptance and Commitment Therapy (6 CEUs). Training Workshop for community Florida Licensed Mental Health Professionals, Fort Lauderdale, Florida presented November 1, 2019.
- Eickleberry L.** Motivational Interviewing skills for professionals. (3 CEUs). Training Workshop for Whole Health, Miami, Florida presented October 25, 2019.
- Eickleberry L.** Motivational Interviewing skills for professionals. (1 CEU). Getting patients engaged in treatment, Fort Lauderdale, Florida presented October 11, 2019.
- Eickleberry L.** Motivational Interviewing skills for dental professionals. Training Workshop for Nicklaus Children's Health, Miami, Florida presented August 16, 2019.
- Eickleberry L. & Tsonas Doro, C.** How media helps to shape society toward psychological inflexibility. Ignite Session presented at the Association for Contextual Behavioral Science, Dublin, Ireland, June 29, 2019.
- Eickleberry L. & Purdy, C.** Acceptance and Commitment Therapy: A model for therapist self-care in the workplace. Ignite Session presented at the Association for Contextual Behavioral Science, Dublin, Ireland, June 29, 2019.
- Eickleberry L., Doro, C., Unger, R., Simler, A., Purdy, C., & Abu-Suwa, H.** An integrated treatment planning model for the simultaneous treatment of complex

- patients with multiple comorbidities. Poster Session presented at the Association for Contextual Behavioral Science, Dublin, Ireland, June 27, 2019.
- Abu-Suwa, H. & **Eickleberry L.** Treating multiple comorbidities simultaneously using multiple third-wave cognitive behavioral treatments: A preliminary analysis of an individualized comprehensive outpatient program for complex patients. Poster Session presented at the Association for Contextual Behavioral Science, Dublin, Ireland, June 27, 2019.
- Eickleberry L.** Acceptance and Commitment Therapy for social anxiety: A model for group therapy (2 CEUs). Presented at the annual conference for the Association for Employee Assistance Programs, Fort Lauderdale, Florida, June 21, 2019.
- Eickleberry L.** Motivational Interviewing skills for peer professionals. (6 CEUs). Training Workshop for Fresh Start Miami, Miami, Florida presented May 31, 2019.
- Eickleberry, L.** The Gut-Brain Connection (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC May 17, 2019.
- Eickleberry, L.** Motivational Interviewing (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC April 5, 2019.
- Eickleberry, L.** ACT in a nutshell (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC March 1, 2019.
- Eickleberry, L.** Motivational Interviewing, Mindfulness, and Eating Disorders. Training workshop for Guided Self-Change Healthy Lifestyles Program, Davie, Florida, presented October 23, 2018.
- Eickleberry, L.** Psychologists' attitudes toward money: A cognitive behavioral case formulation of how and why we perpetuate our financial abuse, Ignite Session presented at the Association for Contextual Behavioral Science World Conference, Montreal, Canada, July 28, 2018.
- Eickleberry L.** Motivational Interviewing for substance abuse professionals—Intensive Training. Training for staff at Recovery First, Fort Lauderdale, Florida, July 12, 2018.
- Eickleberry L.** Motivational Interviewing for substance abuse professionals. Training for staff at Recovery First, Fort Lauderdale, Florida, June 21, 2018.
- Eickleberry, L.** Motivational Interviewing. Training for doctoral psychology interns at Florida International University, Doral, Florida, May 18, 2018.

Eickleberry, L. DBT for Families (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC January 26, 2018.

Eickleberry, L. Exposure Response Prevention in therapy (EX/RP) (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC December 15, 2017.

Eickleberry, L. Motivational Interviewing (3 CEUs). Staff training presented at the Pediatric Dentistry Residency Program, Nicklaus Children's Hospital, Miami, Florida, December 15, 2017.

Eickleberry L. DBT in a Nutshell. (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC November 17, 2017.

Eickleberry, L. Motivational Interviewing, Mindfulness, and Eating Disorders. Training workshop for Guided Self-Change Healthy Lifestyles Program, Davie, Florida, presented October 17, 2017.

Eickleberry, L. Motivational Interviewing (6 CEUs). Guest speaker. Training presented at the 2017 SMART Recovery Conference: Rising Strong, Fort Lauderdale, Florida, September, 24, 2017.

Eickleberry, L. Tools for working with couples. (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC August 18, 2017.

Eickleberry, L. Mindfulness in Practice (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC July 7, 2017.

Eickleberry, L. Motivational Interviewing—INTENSIVE Skills for TASC Building Rapport, Empathy, Empowerment, and Change (6 CEUs). Training provided for staff of division of Department of Juvenile Justice, Drug Abuse Treatment Association, Inc TASC Program, West Palm Beach, Florida, June 22, 2017.

Eickleberry, L. Motivational Interviewing—Skills for TASC Building Rapport, Empathy, Empowerment, and Change (6 CEUs). Training provided for staff of division of Department of Juvenile Justice, Drug Abuse Treatment Association, Inc TASC Program, West Palm Beach, Florida, June 15, 2017.

Eickleberry, L. Mindfulness in practice (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC April 14, 2017.

- Eickleberry, L.** Motivational Interviewing (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC June 9, 2017.
- Eickleberry, L.** ACT in a nutshell (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC May 25, 2017.
- Eickleberry, L.** When to refer patients to a higher level of care (1 CEU). Professional community workshop, Fort Lauderdale, Florida, presented at Institute for Life Renovation, LLC April 14, 2017.
- Eickleberry, L.** Motivational Interviewing, Mindfulness, and Eating Disorders. Training workshop for Guided Self-Change Healthy Lifestyles Program, Davie, Florida, presented October 28, 2016.
- Eickleberry, L.** Acceptance and Commitment Therapy: Helping patients mindfully change. (5 CEUs). Training workshop presented to mental health professionals in the community. Coral Gables, Florida, September 23, 2016.
- Eickleberry, L.** Dialectical Behavior Therapy: Adapting treatment for use in your practice. (3 CEUs). Training workshop presented to mental health professionals in the community. Coral Gables, Florida, September 9, 2016.
- Eickleberry, L.** Motivational Interviewing: Increasing rapport and willingness to explore change (5 CEUs). Training workshop presented to mental health professionals in the community, Coral Gables, Florida, September 9, 2016.
- Eickleberry, L.** Dialectical Behavior Therapy: Adapting treatment for use in your practice. (3 CEUs). Training workshop presented to mental health professionals in the community. Coral Gables, Florida, May 20, 2016.
- Eickleberry, L.** Acceptance and Commitment Therapy: Helping patients mindfully change. (5 CEUs). Training workshop presented to mental health professionals in the community. Coral Gables, Florida, April 29, 2016.
- Eickleberry, L.** Motivational Interviewing: Increasing rapport and willingness to explore change (5 CEUs). Training workshop presented to mental health professionals in the community, Coral Gables, Florida, April 8, 2016.
- Eickleberry, L.** Motivational Interviewing for investigators for the Florida Department of Children and Families. 2-Day Intensive Training workshop for Investigators, March 24 and March 25, 2016.
- Eickleberry, L.** Motivational Interviewing: Improving outcomes through building rapport effectively (6 CEUs). Training workshop presented to psychologists in the community, Fort Lauderdale, Florida, December 4, 2015.

- Eickleberry, L.** Motivational Interviewing for medical professionals (2 CEMUs). Training workshop for College of Osteopathic Medicine, Davie, Florida, October 26, 2015.
- Eickleberry, L.** Motivational Interviewing and Eating Disorders. Training workshop for Guided Self-Change Healthy Lifestyles Program, Davie, Florida, October 23, 2015.
- Eickleberry, L.** Motivational Interviewing for dentists (1 CEMU). Presented to College of Dental Medicine faculty, College of Dental Medicine, Nova Southeastern University, Davie, Florida, October 21, 2015.
- Eickleberry, L.** Motivational Interviewing and Eating Disorders. Training workshop for Guided Self-Change Healthy Lifestyles Program, Davie, Florida, October, 10, 2014.
- Eickleberry, L.** Motivational Interviewing: Enhancing ability to effectively work with juveniles. Training workshop for the Miami Juvenile Drug Court Team, July 18, 2014.
- Eickleberry, L.** Motivational Interviewing: A deeper integration of tools and spirit. (6 CE credits) presented at the Miami Veterans Administration, June 9, 2014.
- Eickleberry, L.** Motivational Interviewing: Skills for improving rapport and increasing change with veterans. (6 CE credits) presented at the Miami Veterans Administration, April 2-3, 2014.
- Eickleberry, L.** Motivational Interviewing: Skills for building rapport, empathy, empowerment, and change (6 CE credits) presented for Advanced Mental Health Training Institute, West Palm Beach, FL February 28, 2014.
- Eickleberry, L.** DSM-5: Updates and Practice. Training workshop (6 CE credits) presented for Advanced Mental Health Training Institute, Fort Lauderdale, FL, November 22, 2013.
- Eickleberry, L.** Understanding and treating eating disorders. Training workshop presented at Guided Self-Change clinic at Nova Southeastern University's Psychological Services Center, Davie, Florida, October 4, 2013.
- Eickleberry, L.** Motivational interviewing 3—The spirit of MI for empathy and neutrality to increase positive change (6 CE credits). Training workshop presented for Advanced Mental Health Training Institute, Fort Lauderdale, FL, July 12, 2013.

- Eickleberry, L.** Brief use of motivational interviewing with patients for smoking cessation (2 CME credits). Training conducted for Fort Lauderdale Dental Club, Grant funding from Florida Board of Health/Everglades AHEC, April 25, 2013.
- Eickleberry, L.** Motivational interviewing 3—Helping substance abuse clients tip the scale in favor of change (6 CE credits). Training conducted at Comprehensive Alcoholism Rehabilitation Programs (CARP), Palm Beach, FL, April 17, 2013.
- Eickleberry, L.** Motivational interviewing 3—Motivating people through empathy and neutrality (6 CE credits). Training workshop presented for Advanced Mental Health Training Institute, Fort Lauderdale, FL, February 22, 2013.
- Eickleberry, L.** Mindfulness and acceptance in cognitive-behavioral therapy for use in addiction. Training workshop presented at the Guided Self-Change Healthy Lifestyles program at Nova Southeastern University, Fort Lauderdale, FL November 22, 2012.
- Eickleberry, L.** Acceptance and Commitment Therapy: Helping patients mindfully change (6 CE credits). Training workshop presented for Advanced Mental Health Training Institute, Fort Lauderdale, FL, November 16, 2012.
- Eickleberry, L.** Motivational interviewing for use in a Physician Assistant program to improve patient outcomes. Presented at Nova Southeastern University Physician Assistant Program. September 27, 2012.
- Eickleberry, L.** Motivational interviewing: Improving rapport and preparing people for positive change. (6 CE credits). Training workshop presented for Advanced Mental Health Training Institute, Fort Lauderdale, FL, September 7, 2012.
- Eickleberry, L. & Tsonas Doro, C.** Motivational interviewing to improve quality of care and job satisfaction among staff in nursing homes: An area for future research. Poster presented at the American Psychological Association 2012 Convention, Orlando, FL, August, 2012.
- Eickleberry, L.** Spreading the word of psychology: Overcoming your fear of public speaking (3 CE credits). Training Workshop for Florida Psychological Association, Broward Chapter at Fort Lauderdale Country Club, Fort Lauderdale, FL, June 14, 2012.
- Eickleberry, L.** Using Motivational Interviewing techniques to help patients consider quitting smoking. Grant funding from Florida Board of Health/Everglades AHEC. Training workshop for physicians (2 CE credits) presented at Volunteers in Medicine Clinic, Stuart, FL June 12, 2012.
- Eickleberry, L.** Motivational Interviewing: Improving rapport and increasing patient readiness to change (6 CE credits). Training workshop presented for Advanced Mental Health Training Institute, Fort Lauderdale, FL, May 11, 2012.

- Eickleberry, L.** Motivational Interviewing: Improving rapport and patient readiness to change (2 CE credits). Training workshop presented at SunServe, Fort Lauderdale, FL, April 27, 2012.
- Eickleberry, L.** Acceptance and mindfulness in cognitive behavior therapy (1.5 CE credits). Training workshop presented at Sunserve, Fort Lauderdale, FL, February 3, 2012.
- Eickleberry, L.** Private Practice: What you should know. Brown bag series session presented at College of Psychology, Nova Southeastern University, Davie, FL, January 10, 2012.
- Eickleberry, L.** Acceptance and mindfulness in cognitive behavior therapy. Training workshop presented at College of Psychology, Nova Southeastern University, Davie, FL, December 15, 2011.
- Eickleberry, L.** Acceptance and mindfulness in cognitive behavior therapy (1.5 CE credits). Training workshop presented at The Renfrew Center in Coconut Creek, FL, November 16, 2011.
- Eickleberry, L.** Motivational Interviewing: Helping patients with disordered eating. Training workshop presented at Guided Self-Change clinic at Nova Southeastern University's Psychological Services Center, Davie, Florida, September 9, 2011.
- Eickleberry, L.** Motivational Interviewing: Helping clients tip the scale in favor of change (6 CE credits). Training workshop presented at The Alliance for Eating Disorders and Awareness, for the Advanced Mental Health Training Institute in West Palm Beach, FL, April 22, 2011.
- Eickleberry, L.** Motivational Interviewing: Helping clients tip the scale in favor of change (6 CE credits). Training workshop presented at Compass Inc, for the Advanced Mental Health Training Institute in West Palm Beach, FL, June 25, 2010.
- Eickleberry, L.** Binge-Eating Disorder Treatment from a Guided Self-Change/Motivational Interviewing Perspective. Training workshop at College of Psychology Eating Disorders Awareness Week, Fort Lauderdale, Florida, March 2010
- Eickleberry Schlien, L.** Motivational Interviewing for Academic Advisors: Motivating Students for Success. Title V grant-funded training workshop presented to Title V staff and Academic Advisors at Nova Southeastern University, October, 2009.
- Eickleberry Schlien, L.** Free Stress Management Workshop. Community outreach project presented to Broward/Dade residents. Fort Lauderdale, FL, August 2009.

Sobell, L.C. & Eickleberry Schlien, L. Motivational Interviewing training for NICHD Research Grant for continuous glucose monitoring and behavioral therapy. 1-Day Training for Mental Health Practitioners hired for intervention project, Jacksonville, FL, July 24, 2009.

Eickleberry Schlien, L. Motivational Interviewing Skills for Health Care Providers. Grant funding from Florida Board of Health/AHEC. (2 CE credits) presented at Indian River County Health Providers, Indian River, FL, presented June 19, 2009.

Sobell, L.C. & Eickleberry Schlien, L. Motivational Interviewing training for NICHD Research Grant for continuous glucose monitoring and behavioral therapy. 2-Day Training for Mental Health Practitioners hired for intervention project, Jacksonville, FL, May 28 & 29, 2009.

Eickleberry Schlien, L. Motivational Interviewing in Education: A good fit for change. Using Motivational Interviewing techniques to increase student retention. Training workshop presented to Title V staff and student mentors at Nova Southeastern University, March, 2009.

Eickleberry Schlien, L. Motivational Interviewing Techniques: Smoking Cessation Model. How Pharmacists can Use Motivational Interviewing Techniques to Increase Smoking Cessation. Grant funding from Florida Board of Health/AHEC. Training workshop for pharmacists (2 CE credits) presented at Nova Southeastern University's College of Pharmacy's Annual Conference, Fort Lauderdale, FL November 2008.

Eickleberry Schlien, L. Effective teaching and skill-building: Teaching your students *how* to learn. Presentation at Judi Robinovitz Associates, Boca Raton, FL, July 2008.

Eickleberry Schlien, L. Discovering your allies: Special purpose and secondary schools as your partners in education. Presentation at SACS/AdvancED Conference, Orlando, FL, June 2008.

Eickleberry Schlien, L. Motivational Interviewing Workshop. Guided Self-Change Clinic, Davie, FL, October, 2007.

Eickleberry, L. L. Motivational Interviewing Workshop. Judi Robinovitz Associates, Inc., June, 2007.

Eickleberry, L. L. Motivational Interviewing Workshop. Florida Department of Juvenile Justice, Orlando, FL, January, 2007.

Sobell, L.C. & Eickleberry, L. L., Motivational Interviewing Workshop/Supervision Series. Bridge Project at Henderson Mental Health, Fort Lauderdale, FL, 2005-2006.

- Sobell, L.C. & **Eickleberry, L. L.** Motivational Interviewing Workshop. Florida Department of Juvenile Justice, Tallahassee, FL, August, 2006.
- Eickleberry, L. L.** Training Workshop (2 CE credits). Ethical Issues in Mental Health. Renfrew Clinic, Coconut Creek, FL, August, 2006.
- Eickleberry, L. L.**, Borckardt, J. J., Shaw, D. L., Lancaster, C. Effects of personal characteristics on interviewers' ratings of non-cognitive traits. Poster presented at the American Psychological Association Convention, Washington, DC, 2005.
- Eickleberry, L.** Motivating clients to change. Training workshop series presented to psychiatry residents at the Medical University of South Carolina, Charleston, South Carolina, 2004-2005.
- Eickleberry, L. L.**, Borckardt, J. J., & Shaw, D. L. The students utilizing university counseling services: A 9-year descriptive profile of Counseling and Psychological Services (CAPS) at the Medical University of South Carolina (MUSC). Poster presented at Student Research Day, Medical University of South Carolina, Charleston, South Carolina, November, 2004.
- Eickleberry, L.** Getting integrated and fully transitioned into medical school (GIFT): Relaxation training. Medical University of South Carolina, Charleston, South Carolina, August, 2004.
- House, A.T, Reagan, K., Richmond, K., David, D., **Eickleberry, L.** Empowerment and feminist awareness: Creating a support and network group. Poster presented at the American Psychological Association, Hawaii, August, 2004.
- Eickleberry, L.**, & Sobell, L.C. Motivational Interviewing: Preparing People to Make Behavioral Changes. House Next Door. Daytona, Florida, 2004.
- Ehle, B., Kelly, M., Davis-Brantley, M., Sobell, L.C., **Eickleberry, L.** Using motivational interviewing with groups: A training video. Nova Southeastern University, Fort Lauderdale, Florida, 2004.
- Eickleberry, L.** What You Always Wanted to Know About Rx Meds, and Did Not Think to Ask. Institute for Learning in Retirement. Nova Southeastern University, Fort Lauderdale, Florida, December, 2003.
- Sobell, L.C. & Eickleberry, L.** Motivational Interviewing. World Rounds (with Linda Sobell). Association for Advancement of Behavior Therapy, Boston, Massachusetts November, 2003.
- Gold, S.N., Sellers, A., Powell, L.P., Needle, R., Abramovich, E., **Eickleberry, L.** Reliability and validity of the Sexual Experiences Index in demographically match samples and sex industry workers. 90-minute workshop presented at the

- National Council on Sexual Addiction/Compulsivity (NCSAC) National Conference.
- Eickleberry, L.** Motivational Interviewing Workshop for Healthy Start Coalition, Broward Regional Health Planning Council (with Linda Sobell). Fort Lauderdale, Florida, 2003-2004.
- Eickleberry, L.** Motivational Interviewing Workshop for One Community Partnership of Children's Services Council of Broward (4-month training series). Plantation, Florida, 2003.
- Eickleberry, L.** National Alcohol Screening Day. Screened public and provided feedback about alcohol use at Nova Southeastern University's Community Mental Health Center, Fort Lauderdale, Florida, 2003.
- Eickleberry, L.** High Risk Drinking. Information provided to health professionals and the public at Nova Southeastern University's Health & Wellness Fair, North Miami Beach, Florida, 2003.
- Eickleberry, L.** Stress Management Workshop. Workshop presented to students provided information about and ways to reduce anxiety at Florida Atlantic University, Davie, Florida, 2003.
- Eickleberry, L.** Clinical Case Presentation. Case presented at the Pre-Practicum Seminar at Nova Southeastern University, Fort Lauderdale, Florida, 2003.
- Eickleberry, L.** Smoking Cessation Workshop. Workshop presented to day treatment mental health consumers at Nova Southeastern University's Community Mental Health Center, Fort Lauderdale, Florida, 2002.
- Eickleberry, L.** National Alcohol Screening Day. Screened public and provided feedback about alcohol use at Nova Southeastern University's Community Mental Health Center, Fort Lauderdale, Florida, 2002.
- Eickleberry, L.** Smoking Cessation. Information provided for community outreach at the Love Jen Festival for Joe DiMaggio Children's Hospital, Fort Lauderdale, Florida, 2002.
- Eickleberry, L.** High Risk Drinking. Information provided to health professionals and the public at Nova Southeastern University's Health & Wellness Fair, Fort Lauderdale, Florida, 2002.
- Eickleberry-Goldsmith, L.,** Ellingstad, T. P., Sobell, L. C., Sobell, M. B., Braeutigam, J. Resolution from daily cannabis use without treatment: A descriptive study including cognitive and respiratory measures. Poster presented at Addictive Behaviors Special Interest Group at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA., November, 2001.

Ellingstad, T. P., Venner, K., Sobell, L. C., Sobell, M. B., & **Eickleberry-Goldsmith, L.** Factors associated with cannabis self-resolution and barriers to treatment seeking. Poster presented at Addictive Behaviors Special Interest Group at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA., November, 2001.

Levin, C., Sobell, L. C., **Eickleberry-Goldsmith, L.**, & Sobell, M. B. Decisional balance exercises: Relationship to treatment outcomes with substance abusers. Poster presented at the American Psychological Association Convention, San Francisco, California, August, 2001.

Levin, C., Sobell, L. C., **Eickleberry-Goldsmith, L.**, & Sobell, M. B. The decisional balance exercise: A study of its clinical utility as a part of ongoing treatment. Poster presented at the Association for the Advancement of Behavior Therapy, New Orleans, November, 2000.

COMMITTEE EXPERIENCE

2018 – Current Committee Chair/Member for individuals sitting for board certification

EDITORIAL EXPERIENCE

2020 **Research Poster Reviewer**, Association for Behavioral and Cognitive Therapy Conference
Reviewed research posters for acceptance into the Mindfulness SIG poster session at the ABCT 54th Annual Conference.

2004 **Guest Reviewer**, *Eating Behaviors*.

Reviewed, critiqued, and provided feedback on a manuscript submitted for publication in *Eating Behaviors*.

VOLUNTEER/COMMITTEE ACTIVITIES

10/08 – 03/09 **Mock Interview Pilot**, Nova Southeastern University, Davie, Florida

Development of mock interview pilot to help undergraduate students within Farquhar College of Arts and Sciences prepare for graduate interviews. Participation includes development informational materials for students, development of interview procedures, conducting mock interviews, and providing feedback to students.

- 10/08 – 05/09 **Committee Member**, PSYC 4800 -- Subcommittee #2, Nova Southeastern University, Davie, Florida
- Participate in the development of a proposal for a participant pool system in the Behavioral Sciences Department at Farquhar College of Arts and Sciences that would enable PSYC 1020 students greater access to research experience/participation, as well as provide faculty and PSYC 4800 students with an available research pool.
- 03/09 **Participant**, American Heart Association Walk
- Raised over \$200 to support breast cancer research by participating in a 3-mile walk. The walk took place on the campus of Nova Southeastern University, Davie, Florida.
- 03/09 **Volunteer**, Open House, Nova Southeastern University, Davie, Florida
- Volunteered to represent Farquhar College of Arts & Sciences as Visiting Professor of Psychology to meet potential students and their families to discuss the programs and answer questions.
- 10/08 **Volunteer**, Open House, Nova Southeastern University, Davie, Florida
- Volunteered to represent Farquhar College of Arts & Sciences as Visiting Professor of Psychology to meet potential students and their families to discuss the programs and answer questions.
- 02/09 **Committee Member**, Gallup Poll Engagement Plan, Nova Southeastern University, Davie, Florida
- Participated in the development of engagement/commitment plans for faculty, staff, and students to increase communication, recognition, and passion within the university. Increase measured by next year's Gallup Poll.
- 11/03 **Participant, Avon Breast Cancer 3-Day Walk for a Cure**, Boca Raton, Florida
- Raised over \$2000 to support breast cancer research by participating in an 80-mile walk that took three consecutive days to complete. The walk began in Boca Raton, Florida, proceeded West to Coconut Creek, and ended in South Miami, Florida.

- 10/03 **Event Coordinator**, From the Dark & Quiet Places, Davie, Florida.
- Planned the event From Dark & Quiet Places, a night of poetry, music, and professional speakers with FANS (Feminist Alliance for Networking and Support), The Domestic Violence Institute, and Nova Southeastern University's Student Counseling Center that raised money for victims of domestic violence at Women in Distress.
- 01/03 **Take Back The Night March**, Nova Southeastern University Fort Lauderdale, Florida
- Organized, in collaboration with the residential life department, a rally for awareness of sexual abuse and assault. Arranged speakers and provided psychoeducational materials.
- 12/01-Present **Founding Member**, FANS (Feminist Alliance for Networking and Support), Fort Lauderdale, Florida.
- Championed a support group to fill the needs of the diverse student population. Addressed topics such as intimacy and sexuality, body image, communication, assertiveness, self-esteem, domestic violence, relationships and dating. Provided education and support for new students. Organized and implemented various groups, outreach and faculty discussions.

HONORS

- 2015 **Most Outstanding Practicum Site**. Motivational Institute Mental Health Bridge Clinic. Awarded by Nova Southeastern University.
- 2005 **Third Prize**. Best Manuscript Award, Medical University of South Carolina.
- 2004 **Best Student Organization of the Year** (founding member), Feminist Alliance for Networking and Support (FANS), Nova Southeastern University.
- 2001 **First Prize**. Association for the Advancement of Behavior Therapy, Addictive Behaviors Special Interest Group Student Poster Award.
- 2001 **Second Prize**. American Psychological Association, Division 50, Student Poster.

- 2000 **Community Service Appreciation Award.** First Call for Help of Broward, Fort Lauderdale, Florida.
- 1999 **Honors Recommendation** to Nova Southeastern University's College of Psychology from the Behavioral Sciences Department at Nova Southeastern University (Awarded yearly to 2 students)
- 1999 **Dean's List**
- 1999 **Research Achievement Award.** Nova Southeastern University.
- 1999 **Community Service Award.** Nova Southeastern University.

REFERENCES

Linda Sobell, Ph.D., ABPP
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