

CURRICULUM VITAE

Amy S. Simler
Licensed Psychologist PY 9784

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EDUCATION

Doctor of Psychology; Clinical Psychology September 2015
Nova Southeastern University; Fort Lauderdale, FL
APA-Accredited Program
*Directed Study: Obsessive-Compulsive Disorder:
Effects on Relationships*

Master of Science; Psychology September 2012
Nova Southeastern University; Fort Lauderdale, FL

Bachelor of Science; Psychology May 2010
University of Central Florida; Orlando, FL

CLINICAL TRAINING EXPERIENCE

Licensed Psychologist March 2017 – Present

Motivational Institute for Behavioral Health, LLC
Fort Lauderdale, FL

Responsibilities:

- Provide individual therapy to adults, adolescents, couples, and families utilizing a variety of empirically based treatments.
- Comprehensive Psychological Testing, including: Neuropsychology, Personality, Intelligence, Learning Disability, Academic, Achievement, Adaptive Functioning, and Projective assessments – administration, scoring, interpretation, and report writing
- Supervision and training of doctoral students

Primary Therapist September 2016-March 2017
Post-Doctoral Resident, Primary Therapist September 2015-September 2016

Oliver-Pyatt Centers

South Miami, FL

Responsibilities:

- Provide individual therapy, family therapy, and couples therapy to adult females with eating disorders in a residential and partial hospitalization level of care
- Coordinate with outpatient team, provide insurance review updates, and produce treatment plan and reviews
- Conduct insurance reviews to authorize length of stay for clients
- Utilize cognitive-behavioral, behavioral, dynamic, interpersonal, and dialectical-behavioral treatments of eating disorders and co-morbid pathology, including depression, anxiety disorders, dissociative disorders, chemical dependency/abuse, trauma, personality disorders, and other women's issues
- Facilitate therapy groups including after-meal processing groups, Dialectical Behavioral Therapy skills groups, and Acceptance and Commitment Therapy groups
- Provide meal-time support therapy
- Provide milieu management care and crisis services
- Consult with a multidisciplinary team of physicians, nurses, psychiatrists and nutritionists
- Participate in weekly supervision, case conferences, and didactic trainings

Supervisor: Benaaz Russell, Psy.D.

Pre-Doctoral Intern

September 2014-September 2015

The South Florida Consortium Internship Program

Center For Psychological Studies

Nova Southeastern University

The Renfrew Center; Coconut Creek, FL

Responsibilities:

- Provide individual psychotherapy to adolescent and adult females with eating disorders in a residential, day-treatment, and intensive outpatient settings
- Anchor intensive outpatient programming (IOP) one evening a week
- Provide individual and family therapy to IOP patients. Coordinate with outpatient team, provide insurance review updates, and produce treatment plan and reviews
- Utilize cognitive-behavioral, behavioral, dynamic, interpersonal, and dialectical-behavioral treatments of eating disorders and co-morbid pathology, including depression, anxiety disorders, dissociative disorders, chemical dependency/abuse, trauma, personality disorders, and other women's issues
- Facilitate therapy groups with adult and adolescent patients, including after-meal processing groups, DBT skill groups, and unified protocol groups (trans-diagnostic model incorporating CBT, DBT, and ACT treatment)
- Provide meal-time support therapy
- Provide milieu management care and crisis services
- Consult with a multidisciplinary team of physicians, nurses, psychiatrists and nutritionists
- Participate in weekly supervision, case conferences, and didactic trainings

Supervisors: Barbara Garcia-Lavin, Ph.D.; Heather Maio, Psy.D.; Deborah Radzwill, Psy.D.; Casey Fields, Psy.D.; Janine Furdella, Ph.D.; Alissa Baum, Psy.D.

Psychology Trainee
The Renfrew Center; Coconut Creek, FL

August 2013-July 2014

Responsibilities:

- Provide individual psychotherapy to adolescent and adult females with eating disorders in a residential and day-treatment setting
- Utilize cognitive-behavioral, behavioral, dynamic, interpersonal, and dialectical-behavioral treatments of eating disorders and co-morbid pathology, including depression, anxiety disorders, dissociative disorders, chemical dependency/abuse, trauma, personality disorders, and other women's issues
- Facilitate therapy groups with adult and adolescent patients, including after-meal processing groups, DBT skill groups, and "lifespan challenges" group
- Provide meal-time support therapy
- Provide milieu management care and crisis services
- Complete treatment plan reviews with patients
- Consult with a multidisciplinary team of physicians, nurses, psychiatrists and nutritionists
- Participate in weekly supervision, case conferences, and didactic trainings

Supervisors: Heather Maio, Psy.D.; Deborah Radzwill, Psy.D.; Toni Falcone, Psy.D.

Psychology Trainee
Counseling and Psychological Services (CAPS)
Florida Atlantic University-Boca Raton Campus; Boca Raton, FL

August 2012-August 2013

Responsibilities:

- Provided individual psychotherapy to a diverse population of undergraduate and graduate students at Florida Atlantic University
- Co-facilitated a women's therapy group, mindfulness group, and general process group
- Provided treatment to adult students with a wide range of presenting problems, including mood disorders, anxiety disorders, adjustment issues, relationship conflict, stress management, academic difficulty, self-esteem issues, poor body image, disordered eating, anger management, and other psychological issues
- Developed and presented psychoeducational workshops and participated in campus outreach events for the student population and faculty members
- Provided risk assessments and crisis services
- Completed bio-psychosocial assessments, semi-structured clinical interviews, and triage services
- Attended weekly supervision, staff meetings, case conferences, and didactic trainings

Supervisors: Adam Iglesias, Ph.D.; Rhonda Seiman, Ph.D.; William Dorfman, Ph.D.

Psychology Trainee
Anxiety Treatment Center
Center for Psychological Studies
Nova Southeastern University; Fort Lauderdale, FL

August 2011 – August 2012

Responsibilities:

- Provided individual therapy to adults with anxiety disorders and other co-morbid Axis I and Axis II psychopathology, including Social Phobia, Specific Phobia, Generalized Anxiety Disorder, Obsessive-Compulsive Disorder, and Panic Disorder
- Provided evidence-based, manualized treatment using a cognitive-behavioral approach focusing on psychoeducation, cognitive-restructuring, and exposure therapy
- Completed bio-psychosocial assessments and structured clinical interviews using the Anxiety Disorder Interview Schedule (ADIS)
- Gave self-report assessments to assess clients' progress throughout treatment
- Created and revised treatment plans
- Clients seen from a diverse array of ages, racial, ethnic, cultural, religious, and socioeconomic backgrounds
- Participated in weekly supervision and didactic trainings

Supervisor: Jennifer Hochman, Psy.D.

OTHER CLINICAL EXPERIENCE

Program Coordinator
Anxiety Treatment Center
Center for Psychological Studies
Nova Southeastern University; Fort Lauderdale, FL

May 2013-May 2014

Responsibilities:

- Complete chart reviews to ensure administrative compliance
- Train new therapists and assist with administrative and clinical issues
- Manage daily operations of clinic such as screening potential clients, assigning new intakes to student therapists, and tracking student therapists' clinical hours.
- Coordinate and assist in client exposures
- Supervise student therapists' clinical work with clients via observation and feedback sessions

Supervisors: Jedidiah Siev, Ph.D.; Jennifer Hochman, Psy.D.

Group Facilitator
Florida Initiative for Suicide Prevention
Susan B. Anthony Recovery Center; Pembroke Pines, FL

May 2013-October 2013

Responsibilities:

- Trained to facilitate a 10-step, problem-solving processing group for adults at risk for suicide/suicidal ideation
- Population included women in an inpatient substance-abuse treatment center

**Graduate Assistant
Project RISE**

January 2011- August 2012

Nova Southeastern University; Fort Lauderdale, Florida

Responsibilities:

- Graduate assistant for a non-profit organization that serves as an after-school program quality enhancement initiative funded by The Children's Trust
- Assisted in facilitating trainings for after-school providers in areas such as oral reading fluency, homework assistance, and social skills training
- Other responsibilities included keeping track of data and inputting all information from trainings into database, handling registrations for trainings, marketing, and supplies needed for trainings and after-school programs

Supervisors: David Reitman, Ph.D.; Jean Thaw, Ph.D.

**Administrative Assistant
Psychological Wellness for Children and Families**

October 2009-July 2010
; Altamonte Springs, FL

Responsibilities:

- Administrative work at a private practice that included scheduling all appointments, handling patients' concerns, billing, transcribing clinical interviews, and general office duties

RESEARCH EXPERIENCE

Graduate Research Assistant

January 2012-May 2012

Nova Southeastern University; Fort Lauderdale, FL

Research Project Title: Gerontology Hoarding Task Force Project

Responsibilities:

- Involved in the beginning stages of a project that will ultimately develop into an educational program for first responders about the psychological aspects of hoarding
- Joined with the occupational and physical therapy programs at NSU to create a task force that will help improve the knowledge of hoarding and how it relates to the older adult

- population
- Provide presentations to the community regarding hoarding

Supervisor: Jedidiah Siev, Ph.D.

Research Assistant

October 2011-May 2013

Nova Southeastern University; Fort Lauderdale, FL

Research Project Title: SPARC: Measuring Clinical Competency

Responsibilities:

- Ongoing research project investigating whether role-playing with a standardized patient results in enhanced skill development when compared with role-playing with peers
- The aim of the study is to contribute to the best practices literature in clinical competency assessment among future psychologists
- Assisted in literature reviews and data compilation

Supervisors: Sarah Valley-Gray, Ph.D.; Barry Nierenberg, Ph.D.

Research Assistant

January 2011-May 2011

Nova Southeastern University; Fort Lauderdale, FL

Research Project Title: SACERS Coach

Responsibilities:

- Administered an assessment tool called SACERS to evaluate the effectiveness of after-school programs following trainings provided by Project RISE
- Provided after-school sites with feedback following the assessment and developed a plan of action for them based on the research-based outcomes

Supervisors: David Reitman, Ph.D.; Jean Thaw, Ph.D.

Research Assistant

May 2009-July 2009

University of Miami; Coral Gables, FL

Research Project Title: Heartsmart

Responsibilities:

- Assisted with a grant-funded research project aimed at health knowledge and its relation to behavioral factors among adolescents
- Organized files from previous studies done in the lab, entered and verified data, and contributed to the production of educational tools used in the study

Supervisor: Patrice Saab, Ph.D.

POSTER PRESENTATIONS

Strunin, A., Howell, B., & Hernandez, R., (2013, October). *Obsessive-Compulsive Disorder: Effects on Relationships*. Poster presented at the Florida Association of School Psychologists, Annual Convention, Orlando, FL

Howell, B., **Strunin, A.**, & Hernandez, R., (2013, October). *The Incorporation of Parents in Treatment for Anxious Children*. Poster presented at the Florida Association of School Psychologists, Annual Convention, Orlando, FL

Hernandez, R., Howell, B., **Strunin, A.**, Michaels, L., & Gold, S., (2013, May). *MMPI-2 Validity Profiles of Female Trauma Survivors with Eating Disorder Symptomology*. Poster presented at the Association for Psychological Sciences, Annual Convention, Washington D.C.

McGregor, S., Kostoliz, A., **Strunin, A.** Reitman, D., & Valere, T., (2012, November). Relationship Between Staff Development and Interactions in Out-of-School Programs. Poster presented at the Florida Association of School Psychologists, Annual Convention, Orlando, FL

Ketterer, J., McBride, T., Bachus, B., Beeram, S., Bingman, D., Grabois, B., **Strunin, A.**, Garcia, F., Yackulich, R., Oswald, T. M., Schwartz, O., Karasina, O., Camejo, S., Cannon, M., Tarrant, A., Armitage, M., Valley-Gray, S., Cash, R. E., & Nierenberg, B. (2012 February). Cultivation of clinical competency: The SPARC project. Poster presented at the Annual Trainers of School Psychologists Meeting, Philadelphia, PA.

Ketterer, J., Oswald, T., McBride, T., Schwartz, O., Bingman, D., Beeram, S., Bachus, B., Grabois, B., **Strunin, A.**, Camejo, S., Karasina, O., Garcia, F., Yackulich, R., Armitage, M., Tarrant, A., Valley-Gray, S., Cash, R. E., & Nierenberg, B. (2012 February). Creation of a Psychological Clinical Competency Measure. Poster presented at the annual Trainers of School Psychologists Meeting, Philadelphia, PA.

Ketterer, J., Garcia, F., Yackulich, R., McBride, T., Oswald, T. M., Schwartz, O., Beeram, S., Bachus, B., Bingman, D., Karasina, O., Grabois, B., **Strunin, A.**, Cannon, M., Camejo, S., Tarrant, A., Armitage, M., Valley-Gray, S., Cash, R. E., & Nierenberg, B. (2012 February). Simulated Patients: The future of Psychology Graduate Education. Poster presented at the annual Trainers of School Psychologists Meeting, Philadelphia, PA.

Fieldstone, S.C., Cek, D., **Strunin, A.M.**, Goolsarran, M., Hanson, J., & Market, C.D. (2011 November). Approach-Avoidance Tendencies and Gaze Direction in Angry, Disgusted, and Contemptuous Faces. Poster presented at the Association for Behavioral and Cognitive Therapies, Annual Conference, Toronto, ON Canada

Ketterer, J., Cantrell, C., McBride, T., Schwartz, O., Bingman, D., Bachus, B., Beeram,

S., Karasina, O., Calderon, C., Grabois, B., Oswald, T., **Strunin, A.**, Cagle, H., Camejo, S., Cannon, M., Valley-Gray, S., Cash, G., & Nierenberg, B. (2011 November). Pilot Study of a Psychological Clinical Competency Measure: SPICES. Poster presented at the Florida Association of School Psychologists, Annual Convention, Orlando, FL

OTHER PRESENTATIONS, COMMUNITY OUTREACH EVENTS, AND WORKSHOPS

Sexual Assault Presentation

April 2013

Florida Atlantic University-Boca Campus; Boca-Raton, FL

- Developed and presented a presentation for freshman undergraduates and resident assistants that discussed the prevalence of sexual assault on college campuses and resources for victims

A Team-Based Approach to Compulsive Hoarding in South Florida

March 2013

Nova Southeastern University-Davie Campus; Fort Lauderdale, FL

- Developed and presented a continuing education workshop for first responders, health care providers, social service workers, and mental health providers who work with individuals who hoard
- Joined with occupational therapy, physical therapy, and nursing departments to provide a team based approach

Eating Disorder Awareness Week

February 2013

Florida Atlantic University-Boca Campus; Boca-Raton, FL

- Assisted in events for eating disorder awareness week on campus
- Advertised events by tabling, helped manage movie screening event, created positive affirmations to be placed around campus, provided eating disorder screenings to increase awareness and recommend treatment services

Stress Management Presentation

November 2012

Florida Atlantic University-Boca Campus; Boca Raton, FL

- Developed and presented a presentation for freshman undergraduates that discussed different types of response to stress (physiological, cognitive, behavioral), and unhealthy versus healthy ways to cope

Domestic Violence Awareness Month

October 2012

Florida Atlantic University-Boca Campus; Boca Raton, FL

- Participated in tabling events and classroom presentations promoting domestic violence awareness

Depression and Anxiety Screenings

October 2012

Florida Atlantic University-Boca Campus; Boca Raton, FL

- Provided depression and anxiety screenings for FAU students to increase awareness of psychological disorders, promote preventative care, and provide treatment services

Introduction to Counseling Services

September 2012-December 2012

Florida Atlantic University-Boca Campus; Boca Raton, FL

- Participated in student orientations, tabling events, and classroom presentations on the services offered by FAU Counseling and Psychological Services and answered questions about mental health

TEACHING ASSISTANTSHIPS**Behavioral Science**

January 2013-May 2013

CDM3080Nova Southeastern University, Health Professions Division
School of Dental Medicine***Responsibilities:***

- Conducted eight two-hour lab sessions for dental students, with topics consisting of mental health issues often seen in the dental field
- Conducted observations in the dental clinic using an assessment tool to evaluate the quality of the interaction between the dental student and patient.
- Assisted in grading weekly discussion posts.
- Created final exam questions.

Professor Assisted: Maria Fimiani, Psy.D.**Career and Lifestyle Assessment**

May 2011-August 2011

PYCL 0631Nova Southeastern University, Center for psychological Services
Masters Level Course***Responsibilities:***

- Assisted in the reproduction, administration, and grading of exams, homework and papers
- Maintain a record of grades

Professor Assisted: Kevin Glavin, Ph.D.**LEADERSHIP EXPERIENCE AND ORGANIZATION MEMBERSHIP****Dean's Leadership Team**

May 2012-May 2013

Nova Southeastern University; Fort Lauderdale, FL
Student Mentor***Responsibilities:***

- Collaborate with the dean of the Center for Psychological Studies in order to improve the new doctoral student experience
- Participate in new student orientation program

- Advise students one-on-one regarding program relevant information including course registration, research involvement, practicum placement, and student organization groups

Advisor: Karen Grosby, Ed.D.

Eating Disorder Awareness Association

Nova Southeastern University; Fort Lauderdale, FL

Student Member

August 2010-August 2012

Executive Board Member, Secretary

August 2010-August 2011

Responsibilities:

- Assisted in the organization of *Eating Disorders Awareness Week* at Nova Southeastern University to promote healthy body image and eating disorder awareness through a series of guest lecturers
- Aided in the dissemination of information about diagnosis, prevention, treatment, and relapse prevention of eating disorders to the student body through tabling events, presentations, and guest speakers
- Recorded and distributed meeting minutes and created flyers for events
- Participated in *Celebrating Everybody Walk* with the Alliance for Eating Disorder Awareness
- Recruited members to join the organization

Advisor: Sarah Valley-Grey, Psy.D.

Jewish Psychology Student Association

Executive Board Member, Vice President

August 2012-May 2013

Executive Board Member, Secretary

August 2011-August 2012

Student Member

August 2010-May 2013

Responsibilities:

- Aided in the planning of events and recruitment of guest speakers to present on topics in psychology including building a successful private practice, and working with diverse clients
- Aided in planning diversity luncheons on campus
- Recorded and distributed meeting minutes and created flyers for events
- Participated in community service events, including canned food drives, packing holiday meals for those in need, and raising money to support local charities
- Recruited members to join the organization

Advisor: Barry Schneider, Ph.D.

Psychological Society of University of Central Florida

Executive Board Member, Secretary

May 2009-May 2010

Student Member

August 2008-May 2010

Responsibilities:

- Aided in the planning of events and recruiting professionals in the field of psychology to present topics to psychology undergraduate majors
- Recorded and distributed meeting minutes and maintained membership database
-

Advisor: Alisha Janowsky, Ph.D.

Volunteer UCF

Domestic Violence Awareness Director
Student Member

May 2009-May 2010
August 2008-May 2010

Responsibilities:

- Volunteer coordinator for the social issue of domestic violence under one of the largest organization at UCF
- Planned and attended multiple service events at different agencies (Harbor House, Children's Home Society, BETA house)
- Helped UCF students get involved with volunteering, and spread domestic violence awareness at UCF

Advisor: Shane Juntunen, M.S.

HONORS & SCHOLARSHIPS

- **Florida Bright Futures Academic Scholar** August 2006-May 2010
- **Dean's List**, University of Central Florida August 2008- May 2010

PROFESSIONAL AFFILIATIONS

- Florida Psychological Association Member August 2015-current
- American Psychological Association Member August 2010-current
- FL Association for School Psychologists Student Member October 2012-May 2014
- Southeast FL Association for Psychoanalytic Psychology Student Member February 2013-May 2014
- Association for Psychological Science Student Member May 2013-May 2014